Paracetamol 325mg + Phenylephrine 5mg + Caffeine 20mg + Diphenhydramine 125mg

Paraplom D Tablet

Brand Name: Paraplom D Tablet

Composition:

Each film-coated tablet contains:

Paracetamol IP 325 mg

Phenylephrine Hydrochloride IP 5 mg

Caffeine IP 20 mg

Diphenhydramine Hydrochloride IP 12.5 mg

Therapeutic Indication:

Indicated for the relief of headache, nasal congestion, fatigue, and symptoms associated with common cold or flu

Helps in reducing pain, fever, nasal congestion, and improves wakefulness while controlling allergic symptoms

Mechanism of Action:

Paracetamol is a non-opioid analgesic and antipyretic that inhibits central prostaglandin synthesis and reduces fever

Phenylephrine is a sympathomimetic decongestant that constricts nasal blood vessels, reducing nasal congestion

Caffeine is a central nervous system stimulant that enhances analgesic effect and reduces drowsiness

Diphenhydramine is a first-generation antihistamine that blocks H1 receptors to relieve allergy-related symptoms and sneezing

Dosage & Administration:

Adults and children above 12 years: 1 tablet every 6–8 hours as needed, not exceeding 4 tablets in 24 hours

Take with water after food to minimize gastric irritation

Do not exceed the recommended dose

Contraindications:

Hypersensitivity to Paracetamol, Phenylephrine, Caffeine, Diphenhydramine, or any component of the formulation

Severe hypertension, coronary artery disease, or heart failure

Use in children below 12 years without medical advice

Glaucoma, urinary retention, or severe hepatic/renal impairment

Warnings & Precautions:

Use with caution in patients with cardiovascular disease, hypertension, diabetes, thyroid disorders, or seizure disorders

May cause drowsiness or dizziness; avoid driving or operating machinery if affected Avoid alcohol or other CNS depressants

Discontinue if allergic reactions or severe side effects occur

Side Effects:

Common: drowsiness, dizziness, nausea, dry mouth

Less common: palpitations, insomnia, restlessness, headache Rare: hypersensitivity reactions, urinary retention, arrhythmias

Storage:

Store in a cool, dry, and dark place below 25°C Protect from moisture and light Keep out of reach of children

Packaging:

Paraplom D Tablet is available in blister packs of 10 or 15 tablets

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

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